



**SHEAC** شياك مركز عمليات السلامة والبيئة  
Safety, Health & Environment Action Center

# FIRST AID TRAINING

## COURSE SUMMARY

The course is designed to allow participants attain a basic understanding of Basic Life Support situations and their treatment.

## WHO SHOULD ATTEND?

The course is open for participants who desire a better understanding of the subject.

## COURSE CONTENT

The program is delivered using a variety of tools, including Power Point presentations and interactive DVDs. The demonstration element is key in allowing the learner to achieve the relevant competencies and our instructors place emphasis on ensuring that learners achieve these competencies through demonstration and student practice.



There key items covered on the course are:

- An introduction to Sudden Cardiac Death
- Heart Disease
- CPR - Adult
- Foreign Body Airway Obstruction - Adult
- AED Operation
- Stroke – including assessment
- Child CPR
- Child Foreign Body Airway Obstruction
- Infant CPR
- Infant Foreign Body Airway Obstruction
- Controlling bleeding
- Burns
- Diabetic emergencies
- And other emergencies

## COURSE DURATION

One day course